

**16 All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness, 17 so that the man of God may be complete, equipped for every good work.**

**2 Timothy 3:16-17(HCSB)**



# **"Chewing and Swallowing God's Word"**



**8 This book of instruction must not depart from your mouth; you are to recite it day and night so that you may carefully observe everything written in it. For then you will prosper and succeed in whatever you do.**

**Joshua 1:8 (HCSB)**



**1 How happy is the man who does not follow the advice of the wicked or take the path of sinners or join a group of mockers!**

**Psalms 1:1-3 (HCSB)**





**2 Instead, his delight is in the Lord's instruction, and he meditates on it day and night.**

**Psalms 1:1-3 (HCSB)**



**3 He is like a tree planted beside  
streams of water that bears its fruit  
in season and whose leaf does not  
wither. Whatever he does prospers.**

**Psalm 1:1-3 (HCSB)**



**2 I sought the Lord in my day of trouble. My hands were continually lifted up all night long; I refused to be comforted.**

**Psalm 77:2-7 (HCSB)**



**3 I think of God; I groan; I  
meditate; my spirit becomes weak.  
Selah**

**4 You have kept me from closing my  
eyes; I am troubled and cannot  
speak.**

**Psalm 77:2-7 (HCSB)**





**5 I consider days of old, years long  
past.**

**6 At night I remember my music; I  
meditate in my heart, and my spirit  
ponders.**

**Psalms 77:2-7 (HCSB)**



**7 “Will the Lord reject forever and  
never again show favor?”**

**Psalm 77:2-7 (HCSB)**



**11 I will remember the Lord's  
works; yes, I will remember Your  
ancient wonders.**

**12 I will reflect on all You have done  
and meditate on Your actions.**

**Psalms 77:11-13 (HCSB)**



**13 God, Your way is holy. What god is great like God?**

**Psalm 77:11-13 (HCSB)**





**15 I will meditate on Your precepts  
and think about Your ways.**

**Psalm 119:15 (HCSB)**



**27 Help me understand the meaning  
of Your precepts so that I can  
meditate on Your wonders.**

**Psalms 119:27 (HCSB)**



**48 I will lift up my hands to Your  
commands, which I love, and will  
meditate on Your statutes.**

**Psalm 119:48 (HCSB)**



**78 Let the arrogant be put to shame  
for slandering me with lies; I will  
meditate on Your precepts**

**Psalm 119:78 (HCSB)**





**5 I remember the days of old; I  
meditate on all You have done; I  
reflect on the work of Your hands.**

**Psalm 143:5 (HCSB)**



**2 Do not be conformed to this age,  
but be transformed by the renewing  
of your mind, so that you may  
discern what is the good, pleasing,  
and perfect will of God.**

**Romans 12:2 (HCSB)**



**8 Finally brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable—if there is any moral excellence and if there is any praise—dwell on these things.**

**Philippians 4:8 (HCSB)**



**19 My dearly loved brothers,  
understand this: Everyone must be  
quick to hear, slow to speak, and  
slow to anger, 20 for man's anger  
does not accomplish God's  
righteousness.**

**James 1:19-25 (HCSB)**





**21 Therefore, ridding yourselves of all moral filth and evil, humbly receive the implanted word, which is able to save you.**

**James 1:19-25 (HCSB)**



**22 But be doers of the word and not hearers only, deceiving yourselves.  
23 Because if anyone is a hearer of the word and not a doer, he is like a man looking at his own face in a mirror.**

**James 1:19-25 (HCSB)**



**24 For he looks at himself, goes away, and immediately forgets what kind of man he was.**

**James 1:19-25 (HCSB)**



**25 But the one who looks intently into the perfect law of freedom and perseveres in it, and is not a forgetful hearer but one who does good works—this person will be blessed in what he does.**

**James 1:19-25 (HCSB)**





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