

# Happiness vs. **JOY**

- Happiness is an emotion that can disappear as quickly as it rises to the surface.
- *Joy, however, is a choice.*

○ We can choose to live in an attitude of resentment, anger and fear or

○ *we can choose to pursue the joy of Christ.*

- <https://www.lifeway.com/en/articles/devotions-christmas-advent-week-three-joy>

# Big Theme: **JOY!**

- There are 214 uses of the word joy in the Bible, NIV.
- nearly a quarter of those verses are found in the Psalms.

# **1. Joy is possible when we feel secure in the Lord**

- *In peace I will lie down  
and sleep, for you alone,  
Lord, make me dwell in  
safety.* – Psalm 4:8

## 2. Joy comes when we spend our life Praising God

o *Clap your hands, all you nations; shout to God with cries of **joy**. For the Lord Most High is awesome, the great King over all the earth. He subdued nations under us, peoples under our feet.*

o – Psalm 47:1-3

### **3. Joy comes when we continually praise what God has already done**

○ *For you make me glad by your deeds, Lord; I sing for **joy** at what your hands have done. How great are your works, Lord, how profound your **thoughts!** – Psalm 92:4-5 (NIV)*

- <https://www.faithgateway.com/25-bible-verses-about-joy/#.Xfzf7oNKhdg>

## 4. JOY when Jesus was born

- <sup>10</sup> And the angel said to them, “Fear not, for behold, I bring you good news of **great joy** that will be for all the people. <sup>11</sup> For unto you is born this day in the city of David a Savior, who is Christ the Lord.
- Luke 2

## **5. Joy because He is coming again!**

- **<sup>28</sup> When these things begin to take place, stand up and lift up your heads, because your redemption is drawing near.”**
- Luke 21, NIV



# True JOY is knowing Jesus!

- 8 Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and *glorious joy*,
- 9 for you are receiving the end result of your faith, the salvation of your souls.
  - 1 Peter, NIV