



Yakhal / *Hope*

- In the Bible people who have hope are very different from optimists! In this video, we'll explore how biblical hope looks to *God's character alone* as a basis for trusting that the future will be better than the present.

HOPE means waiting . .

- ² The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned.
 - Isaiah 9:2 (NIV)
- Do we need light?
- Political, economic and social climate: then and now

HOPE in Psalm 42 (and 43)

- For the director of music. A *maskil*^[c] of the Sons of Korah.
- ¹ As the deer pants for streams of water,
so my soul pants for you, my God.
² My soul thirsts for God, for the living God.
When can I go and meet with God?

- ³ **My tears have been my food
day and night,
while people say to me all day
long,
“Where is your God?”**

- ⁴ **These things I remember
as I pour out my soul:
how I used to go to the house of
God
under the protection of the
Mighty One
with shouts of joy and praise
among the festive throng.**

**○⁵ Why, my soul, are you
downcast?**

**Why so disturbed within me?
Put your hope in God,
for I will yet praise him,
my Savior and my God.**

- ⁶ **My soul is downcast within me;
therefore I will remember you
from the land of the Jordan,
the heights of Hermon—from
Mount Mizar.**

- ⁷ **Deep calls to deep
in the roar of your waterfalls;
all your waves and breakers
have swept over me.**

- ⁸ By day the LORD directs his love,
at night his song is with me—
a prayer to the God of my life.
- ⁹ I say to God my Rock,
“Why have you forgotten me?
Why must I go about mourning,
oppressed by the enemy?”

**○¹⁰ My bones suffer mortal agony
as my foes taunt me,
saying to me all day long,
“Where is your God?”**

**○¹¹ Why, my soul, are you
downcast?**

**Why so disturbed within me?
Put your hope in God,
for I will yet praise him,
my Savior and my God.**

Discouraged? Study Psalm 42!

1. He thirsts for God.
 2. He remembers past experiences
 3. He preaches to his own soul.
 4. He affirms God's sovereign love
 5. He asks God *Why*
 6. He sings!
- <https://www.desiringgod.org/messages/spiritual-depression-in-the-psalms> [John Piper]

1. He thirsts for God.

- 2: “As a deer pants for flowing streams, so pants my soul for you, O God. My soul thirsts for God, for the living God.
- He is not thirsting mainly for escape from his enemies or for their destruction – He wants God!

2. He remembers past experiences

- 4: “These things I remember, as I pour out my soul: how I would go with the throng and lead them in procession to the house of God with glad shouts and songs of praise, a multitude keeping festival.”
- He is confirming his faith in the midst of turmoil and discouragement by remembering how real God was in corporate worship.

3. He preaches to his own soul.

- **Verse 5:** *“Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.”*
- **We must learn to preach the truth to ourselves**

4. He affirms God's sovereign love

- 8: “By day the Lord commands his steadfast love, and at night his song is with me, a prayer to the God of my life.”
- And even though he says it looks as if God has forgotten him, he never stops believing in the absolute sovereignty of God over all his adversity.

5. He asks God Why

- 9: *“I say to God, my rock: ‘Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?”*
- **What he means is that, it looks like God has forgotten him. It feels as if God has forgotten him.**

6. He SINGS!

- 8: “By day the Lord commands his steadfast love, and *at night his song is with me, a prayer to the God of my life.*”
- This is a prayer song and pleading song — a song “to the God of my life.” That is, a song pleading for his life.

HOPE in Romans 8

- ¹⁸ I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. ¹⁹ For the creation waits in eager expectation for the children of God to be revealed.

- ²⁰ For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it, in hope ²¹ that the creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God.

o²² We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. ²³ Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies.

○²⁴ For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? ²⁵ But if we hope for what we do not yet have, we wait for it patiently.

Paul's HOPE was in Jesus!

- ²⁴ For in this hope we were saved.
- Therefore:
- ²⁸ And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Our HOPE is JESUS!

- Is Jesus your hope?
- Your one and only hope?
- FOCUS on Jesus:
- Through His Word, The Bible
- Through prayer
- Through Song!
- Through church!