Mark Lesson 10: I'm thankful . .

Let the <u>peace of Christ</u> rule in your hearts, since as members of one body you were called to peace. And <u>be thankful</u>.

Colossians 3:15

Excerpts from Mark 14 & 16

 14.32 They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." 33 He took Peter, James and John along with him, and he began to be deeply distressed and troubled. 34 "My soul is overwhelmed with sorrow to the point of death," he said to them. "Stay here and keep watch."

• ³⁵ Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. ³⁶ "Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will."

Then he returned to his disciples and found them sleeping. "Simon," he said to Peter, "are you asleep? Couldn't you keep watch for one hour? 38 Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

Once more he went away and prayed the same thing. ⁴⁰ When he came back, he again found them sleeping, because their eyes were heavy. They did not know what to say to him. • 41 Returning the third time, he said to them, "Are you still sleeping and resting? Enough! The hour has come. Look, the Son of Man is delivered into the hands of sinners. 42 Rise! Let us go! Here comes my betrayer!"

I'm thankful, part 1:

- Jesus prayed the <u>ultimate prayer</u>
- Jesus 'worked through' the battle of wills
- Jesus remained <u>obedient</u> to His Father

Mark 16

When the Sabbath was over, Mary Magdalene, Mary the mother of James, and Salome bought spices so that they might go to anoint Jesus' body. ² Very early on the first day of the week, just after sunrise, they were on their way to the tomb ³ and they asked each other, "Who will roll the stone away from the entrance of the tomb?"

• ⁴ But when they looked up, they saw that the stone, which was very large, had been rolled away. ⁵ As they entered the tomb, they saw a young man dressed in a white robe sitting on the right side, and they were alarmed. 6 "Don't be alarmed," he said. "You are looking for Jesus the Nazarene, who was crucified. He has risen! He is not here. See the place where they laid him. ⁷ But go, tell his disciples and Peter, 'He is going ahead of you into Galilee. There you will see him, just as he told you."

I'm thankful, part 2:

- The tomb was and is <u>empty!</u>
- Jesus conquered <u>death</u>
- Our salvation eternal life is totally accomplished through <u>Jesus triumph!</u>
- We need never fear either the <u>1st or the</u>
 <u>2nd death!</u>