

# Finding Hope Daily

- Everyone needs a daily dose of **HOPE**
- Everyone needs to know they are *loved* . . . unconditionally

Memory Verse:

## 2 Peter 1.4

○ *Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.*

○ 2 Peter 1.4, NIV

## God's Promises Lesson 6: The Power of Praise

- ***Praise changes relationships. It changes hearts. It changes mindsets. In praise, our focus shifts from us to the Lord. From problems to The Solution. From pain to promise. From hurt to hope.*** Erika Michelle:

<https://asymphonyofpraise.com/blog/the-power-of-praise>

## **Praising** in the 'middle of 'it' – Nehemiah 8

- **They told Ezra the teacher of the Law to bring out the Book of the Law of Moses, which the LORD had commanded for Israel.**

- <sup>2</sup> So on the first day of the seventh month Ezra the priest brought the Law before the assembly, which was made up of men and women and all who were able to understand.

- <sup>3</sup> He read it aloud from daybreak till noon as he faced the square before the Water Gate in the presence of the men, women and others who could understand. And all the people listened attentively to the Book of the Law.**

**○<sup>5</sup> Ezra opened the book. All the people could see him because he was standing above them; and as he opened it, the people all stood up.<sup>6</sup> Ezra praised the LORD, the great God; and all the people lifted their hands and responded, “Amen! Amen!” Then they bowed down and worshiped the LORD with their faces to the ground.**

- <sup>8</sup> They read from the Book of the Law of God, making it clear and giving the meaning so that the people understood what was being read.



- **⁹ Then Nehemiah the governor, Ezra the priest and teacher of the Law, and the Levites who were instructing the people said to them all, “This day is holy to the LORD your God. Do not mourn or weep.” For all the people had been weeping as they listened to the words of the Law.**

- <sup>10</sup> Nehemiah said, “Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the LORD is your strength.”

## Praising when it hurts – Acts 16

- <sup>22</sup> **The crowd joined in the attack against Paul and Silas, and the magistrates ordered them to be stripped and beaten with rods.**

- **<sup>23</sup> After they had been severely flogged, they were thrown into prison, and the jailer was commanded to guard them carefully. <sup>24</sup> When he received these orders, he put them in the inner cell and fastened their feet in the stocks.**

- <sup>25</sup> About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. <sup>26</sup> Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everyone's chains came loose.

- **<sup>27</sup> The jailer woke up, and when he saw the prison doors open, he drew his sword and was about to kill himself because he thought the prisoners had escaped. <sup>28</sup> But Paul shouted, “Don’t harm yourself! We are all here!”**

- **<sup>29</sup> The jailer called for lights, rushed in and fell trembling before Paul and Silas. <sup>30</sup> He then brought them out and asked, “Sirs, what must I do to be saved?”**

- **<sup>31</sup> They replied, “Believe in the Lord Jesus, and you will be saved—you and your household.” <sup>32</sup> Then they spoke the word of the Lord to him and to all the others in his house. <sup>33</sup> At that hour of the night the jailer took them and washed their wounds; then immediately he and all his household were baptized.**



- <sup>34</sup> **The jailer brought them into his house and set a meal before them; he was filled with joy because he had come to believe in God—he and his whole household.**

# The Power of Praise

- Praise God in spite of, or even because of your situation
- It changes your focus
- Praise brings you into God's presence

- In God's presence, there is always power
- The joy of the Lord is your Strength
  - Nehemiah 8.10

○ ***“I wonder if we’d ever get so excited over Jesus, and what He’s done for us, that we’d have to release the pressure of excitement in shouts of praise.”***

○ - Judson Cornwall in *Let Us Praise*.

# The Power of Praise

- ***“Praise is inner health  
made audible”***

- C.S. Lewis

# Psalm 150

- Praise the LORD.
- Praise God in his sanctuary;  
praise him in his mighty  
heavens.  
<sup>2</sup> Praise him for his acts of  
power;  
praise him for his surpassing  
greatness.

- Praise him with the sounding of the trumpet,  
praise him with the harp and lyre,  
<sup>4</sup> praise him with timbrel and dancing,  
praise him with the strings and pipe,

- **praise him with the clash of cymbals,  
praise him with resounding cymbals.**
- **⁶ Let everything that has breath praise the LORD.**
- **Praise the LORD.**