## **CONGRATS RICK & KATHY!**





#### GOOD ANSWERS TO LIFE'S QUESTIONS SERIES – MEMORY VERSES: COL 2.6-7

•<sup>6</sup> Therefore, as you received Christ Jesus the Lord, so <u>walk in him</u>,<sup>7</sup> rooted and built up in him and established in the faith, just as you were taught, abounding in <u>thanksgiving</u>.

#### GATLQ LESSON 4: STAY <u>CONNECTED!</u> TEXT: COLOSSIANS 2.16-22

- 1. Shadows vs <u>Reality</u>
- 2. Stay <u>connected</u>
- 3. Why <u>rules?</u>

### COLOSSIANS 2.16-22, NLT

 <sup>16</sup> So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths.<sup>17</sup> For these rules are only shadows of the reality yet to come. And Christ himself is that reality. Don't let anyone condemn you by insisting on pious self-denial or the worship of angels, saying they have had visions about these things. Their sinful minds have made them proud, <sup>19</sup> and they are not connected to Christ, the head of the body. For he holds the whole body together with its joints and ligaments, and it grows as God nourishes it.

 <sup>20</sup> You have died with Christ, and he has set you free from the spiritual powers of this world. So why do you keep on following the rules of the world, such as, <sup>21</sup> "Don't handle! Don't taste! Don't touch!"? <sup>22</sup> Such rules are mere human teachings about things that deteriorate as we use them.

 <sup>23</sup> These rules may seem wise because they require strong devotion, pious selfdenial, and severe bodily discipline. But they provide no help in conquering a person's evil desires.

## 1. SHADOWS VS <u>REALITY</u>

- So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new moon ceremonies or Sabbaths
- Q: What are these?
- A: OT teaching tools

## **REALITY:**

- For these rules are only shadows of the reality yet to come.
- And <u>Christ himself</u> is that reality

## 2. STAY <u>CONNECTED</u>

- Don't let anyone condemn you by insisting on pious self-denial or the worship of angels, saying they have had visions about these things. Their sinful minds have made them proud, <sup>19</sup>
- and they are not connected to Christ, the head of the body.
- For <u>he holds</u> the whole body <u>together</u> with its joints and ligaments,
- and it grows as God nourishes it.

## **Q:HOW DO WE STAY CONNECTED?**

- A: John <u>15 abide or remain</u> in <u>Jesus</u>
- •Time in <u>The Word</u>
- Meditate on <u>specific Scriptures</u>
- •Time in <u>Prayer</u>
- •Time with <u>other Christians</u>
- •Sharing our <u>faith in Jesus</u>

## 3. WHY RULES?

- So why do you keep on following the rules of the world, such as, <sup>21</sup> "Don't handle! Don't taste! Don't touch!"? <sup>22</sup> Such rules are mere human teachings about things that deteriorate as we use them.
- Q: The purpose of rules?
- A: order and control
- So, what is Paul saying?
- <sup>20</sup> You have <u>died with Christ</u>, and he has <u>set you free</u> from the spiritual powers of this world



# **KEY PRINCIPLE:**

- <sup>20</sup> You have <u>died with Christ</u>
- Rules vs The <u>Power of Jesus</u>

 <sup>23</sup> These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of <u>the flesh</u>. ESV