- Question: how do you get a drunk college student back to his residence safely?
- Answer: Tip Whip app!!
- Is this the best answer?
- Is it even the right question??

#### FROM THE *TIP WHIP* WEBSITE:

• Tip Whip allows us as restaurant/bar owners to have peace of mind knowing students have a safe, reliable option to leave our establishment at the end of the night.

• Matt Robbinson, General Manager, The Family Dog, Orono, ME

## BETTER QUESTION, BETTER ANSWER:

 Question: How can college students better deal with stress? More alcohol??
Answer: study Colossians!! GOOD ANSWERS TO LIFE'S QUESTIONS (GATLQ), LESSON 1: THERE ARE <u>ANSWERS!</u>

- Better Questions / better answers
- Life is not always easy!
- Dealing with problems: <u>relationships, family,</u> work, school, finances, health =

# •**STRESS!!**

#### LESSON 1: COLOSSIANS 1.1-14, ESV

- Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother,
- <sup>2</sup> To the saints and faithful brothers in Christ at Colossae:
- Grace to you and peace from God our Father.

• <sup>3</sup> We always thank God, the Father of our Lord Jesus Christ, when we pray for you, <sup>4</sup> since we heard of your faith in Christ Jesus and of the love that you have for all the saints, <sup>5</sup> because of the hope laid up for you in heaven. Of this you have heard before in the word of the truth, the gospel,

• <sup>6</sup> which has come to you, as indeed in the whole world it is bearing fruit and increasingas it also does among you, since the day you heard it and understood the grace of God in truth, <sup>7</sup> just as you learned it from Epaphras our beloved fellow servant. He is a faithful minister of Christ on your behalf<sup>8</sup> and has made known to us your love in the Spirit.

 <sup>9</sup> And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, <sup>10</sup> so as to walk in a manner worthy of the Lord, fully pleasing to him: bearing fruit in every good work and increasing in the knowledge of God;

• <sup>11</sup> being strengthened with all power, according to his glorious might, for all endurance and patience with joy;<sup>12</sup> giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light. <sup>13</sup> He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, <sup>14</sup> in whom we have redemption, the forgiveness of sins.

#### LESSON 1: THERE ARE ANSWERS!

Grace and peace
Faith, love, and hope
Paul's Prayer

## 1. <u>GRACE</u> AND <u>PEACE</u>

- Grace to you and peace from God our Father.
- Q: Do the words <u>'grace and peace'</u> describe your <u>life right</u> <u>now?</u>
- Q: Where do they come from?
- A: God our Father.

# 2.FAITH, LOVE, AND HOPE

- <sup>4</sup> since we heard of your faith in Christ Jesus and of the love that you have for all the saints, <sup>5</sup> because of the hope laid up for you in heaven.
- Q: Where is your *focus?*
- A: faith in <u>Christ Jesus</u>; love of <u>others</u>; hope of <u>heaven</u>

# 3.PAUL'S PRAYER

- Q: What is God's overall *purpose* for my life?
- A: filled with the knowledge of his will in all <u>spiritual</u> <u>wisdom</u> and understanding,
- <sup>10</sup> so as to walk in a manner <u>worthy of the Lord</u>, fully pleasing to him:
- bearing fruit in every good work and increasing in the knowledge of God;

- Q: Where / how do we get *strength?*
- A: being strengthened with all power, according to his glorious might,
- for all endurance and *patience with joy;*
- <sup>12</sup> giving thanks to the Father, who has qualified you to share in the inheritance of the saints in light.

- Q: Who does what?
- <sup>13</sup> He has delivered us from the domain of darkness
- and <u>transferred us</u> to the kingdom of his beloved Son,
- <sup>14</sup> in whom we have <u>redemption, the</u> <u>forgiveness of sins.</u>