

FALL SERIES: **life, liberty, and the pursuit of** _____

New memory verse: **1 Timothy 6:6**

But _____ with _____ is great _____

LLPOH Lesson 7: **the** _____

1. _____
2. _____
3. Do not be _____
4. _____
5. Result: the _____

Text: Philippians 4.1-7

1. _____

- stand firm in _____
- Let's _____
- be of the _____ in the _____

2. _____ Psalm _____

- ▶ Rejoice in the Lord _____. I will say it again: _____ 😊
- ▶ Let your _____ be evident to all.
- ▶ Why that?

3. Do not be _____

- ▶ The answer: The _____ is _____
- ▶ Do not be _____ about _____
- ▶ What are you _____ about?

4. _____

- ▶ Do not be anxious about **anything**,
- ▶ but in _____ situation,
- ▶ by _____ and _____
- ▶ with _____
- ▶ present your requests to _____

5. Result: the _____ of God

- ▶ And the peace of God, which transcends all understanding, will guard your _____ and your _____ in Christ Jesus.

So Stay **C.A.L.M.!**

- ▶ **C** _____ God's goodness. "Rejoice in the Lord always" (v. 4).
- ▶ **A** _____ God for help. "Let your requests be made known to God" (v. 6).
- ▶ **L** _____ your concerns with him. "With thanksgiving . . ." (v. 6).
- ▶ **M** _____ on good things. "Think about the things that are good and worthy of praise" (v. 8 NCV).

Lucado, Max. Less Fret, More Faith: An 11-Week Action Plan to Overcome Anxiety (Kindle Locations 210-216). Thomas Nelson. Kindle Edition.

"May God give you more and more _____ and _____ as you _____ in your knowledge of God and Jesus our Lord" 1 Peter 1:2(NLT).