

What's our Psalm theme verse?

Psalms Series:

Real life, real problems, real help

- ▶ The reading and study of the Psalms will:
- ▶ Help you deal with life's _____
- ▶ Help you be _____ with God
- ▶ Offer you _____ help
- ▶ Help you _____ at all times

BOOK TWO: Psalms 42-72

Text: Psalm 42 & 43

The psalmist's question: _____

Lesson 7: *Dealing with D* _____

- ▶ Difficult questions: _____
- ▶ 1 _____
- ▶ 6 times in Psalm 42 the psalmist asks, _____
- ▶ He also acknowledges that people are also questioning: _____ is your God?"

'Preach _____ to your own soul in times of _____

- ▶ 1. *Remind yourself of God's* _____
- ▶ 2. *Remind yourself of his* _____
- ▶ 3. *Speak* _____ *to yourself*

- <http://emmauscf.org/files/services/2014-03-09-notes.pdf>

1. *Remind yourself of God's* _____

- ▶ Psalm 42:8 By day the Lord directs his _____
at night his song is with me—
a prayer to the God of my life.
- ▶ Hebrew 'Chesed': _____

2. *Remind yourself of his* _____

Psalm 42:4 These things I _____

as I pour out my soul:

- ▶ _____ has God helped you??
- ▶ Do you remember the _____

3. *Speak* _____ *to yourself*

- ▶ Put your hope in God,
for I will yet praise him,
my Savior and my God.
- ▶ Facts:
- ▶ God is _____
- ▶ He is _____
- ▶ He is _____
- ▶ _____ on His _____!
- ▶ Do it _____

We are called to simply _____ Him

- ▶ Why? Because:
- ▶ God is _____
- ▶ God _____
- ▶ God is _____
- ▶ I am _____
- ▶ *Remember: God does not always (or very often!) answer the 'why' question*

'KEEP CALM AND _____